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The Atkins Diet Explained in 60 Seconds von InstructorLive vor 7 Jahren 1 Minute, 5 Sekunden 9.383 Aufrufe Nutritionist Alison Stork of InstructorLive.com explains the principles of the , Atkins Diet , and the dangers in restricting certain ...

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Dr. Jay Wortman - 'Undoing Atkins: A Cautionary Tale' von Low Carb Down Under vor 4 Jahren 25 Minuten 79.485 Aufrufe Dr. Jay Wortman studied Biology and Chemistry at the University of Alberta and Medicine at the University of Calgary.

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